

<b>Phase I - Duration approximately 6-8 weeks</b>			
	Time Requirement	Expectations for Participants	Therapist Commitment
Outpatient Substance Abuse Therapy	<ul style="list-style-type: none"> <li>• Group 4 hr/wk</li> <li>• Individual sessions as needed (minimum of one hr / month or as recommended by counselor)</li> </ul>	<ul style="list-style-type: none"> <li>• Attendance at 1 AA/NA meeting/wk</li> <li>• Complete steps 1-3</li> <li>• PFI Compliance</li> <li>• Family Treatment Orientation Meeting ( 2 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Family Therapy	<ul style="list-style-type: none"> <li>• Attend 12-18 two hour family therapy sessions (totalling 24-36 hours), which may include parent attendance at family treatment orientation &amp; AI-Anon meetings</li> </ul>	<ul style="list-style-type: none"> <li>• Schedule, Attend and participate in all required sessions</li> <li>• Develop therapeutic goals and Phase I Treatment Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Probation		<ul style="list-style-type: none"> <li>• 30 Day Medal</li> <li>• 1 month without major law violations prior to phase change (excluding tobacco and minor traffic violations)</li> <li>• Weekly Court attendance</li> </ul>	
<p>*Participants will present to the Court a summary/review of phase accomplishments at time of phase change.</p> <p style="text-align: right;"><i>Revised 1/8/10</i></p>			

<b>Phase II - Duration approximately 8 - 12 weeks</b>			
	Time Requirement	Expectations for Participants	Therapist Commitment
Outpatient Substance Abuse Therapy	<ul style="list-style-type: none"> <li>Group 4 hrs / wk</li> <li>Individual/Family sessions (Minimum of one hr / month)</li> </ul>	<ul style="list-style-type: none"> <li>Attendance at AA/NA meeting 1 times / wk as directed by therapist</li> <li>Obtain sponsor and begin meeting</li> <li>Complete steps 4-6</li> <li>PFI Compliance</li> <li>Family Program (3 hr / 3 evenings)</li> </ul>	<ul style="list-style-type: none"> <li>Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>Therapy time includes therapist's record keeping and reporting time</li> </ul>
Family Therapy	<ul style="list-style-type: none"> <li>Attend 8-12 two hour family therapy sessions (totalling 16-24 hours), which may include parent attendance at Al-Anon meetings</li> </ul>	<ul style="list-style-type: none"> <li>Schedule, Attend and participate in all required sessions</li> <li>Develop Phase II Individual and Family Treatment Plan</li> </ul>	<ul style="list-style-type: none"> <li>Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>Therapy time included therapist's record keeping and reporting time</li> </ul>
Probation		<ul style="list-style-type: none"> <li>60 Day Medal</li> <li>Maintain grades of C or better</li> <li>Find and maintain employment, or extracurricular activity, or community service as directed by Juvenile Probation</li> <li>2 weeks without major probation violations prior to phase change</li> <li>60 days without major law violations prior to phase change</li> <li>Compliance with Probation Terms &amp; Conditions</li> <li>Weekly Court attendance</li> </ul>	
*Participants will present to the Court a summary/review of phase accomplishments at time of phase change.			

<b>Phase III - Duration approximately 10-12 weeks</b>			
	Time Requirement	Expectations for Participants	Therapist Commitment
Outpatient Substance Abuse Therapy	<ul style="list-style-type: none"> <li>• Group 4 hrs / wk for 5-6 weeks</li> <li>• Group 2 hrs/ wk for 5-6 weeks</li> <li>• Individual sessions as needed</li> </ul>	<ul style="list-style-type: none"> <li>• 1-2 AA/NA meeting / wk</li> <li>• Continue meeting with a sponsor on a regular basis</li> <li>• Complete steps 7-9</li> <li>• PFI Compliance</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Family Therapy	<ul style="list-style-type: none"> <li>• Attend 10-12 one hour family therapy sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Schedule, Attend and participate in all required sessions</li> <li>• Develop Phase III Individual and Family Treatment Plan</li> <li>• Parenting Class</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Probation		<ul style="list-style-type: none"> <li>• Obtain 90 Day Medal</li> <li>• Maintain grades of C or better</li> <li>• Continue to engage in pro-social activities</li> <li>• Maintain employment, extracurricular activity, or community service</li> <li>• 30 days without major probation violations prior to phase change</li> <li>• 90 days without major law violations prior to phase change</li> <li>• Compliance with Probation Terms &amp; Conditions</li> <li>• Weekly Court attendance</li> </ul>	
*Participants will present to the Court a summary/review of phase accomplishments at time of phase change.			
<i>Revised 1/8/10</i>			

	<b>Phase IV - Duration approximately 10-12 weeks</b>		
	<b>Time Requirement</b>	<b>Expectations for Participants</b>	<b>Therapist Commitment</b>
Outpatient Substance Abuse Therapy	<ul style="list-style-type: none"> <li>• Group 2 hrs / wk</li> <li>• Individualized sessions as needed</li> </ul>	<ul style="list-style-type: none"> <li>• 1-2 AA/NA meetings / wk</li> <li>• Complete steps 10-12</li> <li>• Regular meetings with sponsor</li> <li>• PFI Compliance</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Family Therapy	<ul style="list-style-type: none"> <li>• Attend 2-3 two hour family therapy sessions (totalling 4-6 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Schedule, Attend and participate in all required sessions</li> <li>• Develop Phase IV Individual and Family Treatment Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>• Therapy time included therapist's record keeping and reporting time</li> </ul>
Probation		<ul style="list-style-type: none"> <li>• Maintain 90 Day Medal</li> <li>• Maintain grades of C or better</li> <li>• Continue to engage in pro-social activities</li> <li>• Maintain employment, extracurricular activity, or community service</li> <li>• 4 weeks without major probation violations prior to phase change</li> <li>• 6 weeks without major law violations prior to phase change</li> <li>• Compliance with Probation Terms &amp; Conditions</li> <li>• Weekly Court attendance</li> </ul>	
<p>*Participants will present to the Court a summary/review of phase accomplishments at time of phase change.</p>			

	<b>Phase V - Duration approximately 6-12 weeks</b>		
	<b>Time Requirement</b>	<b>Expectations for Participants</b>	<b>Therapist Commitment</b>
Outpatient Substance Abuse Therapy	<ul style="list-style-type: none"> <li>Individualized treatment (minimum 1 hr / month group or individual therapy)</li> </ul>	<ul style="list-style-type: none"> <li>2 AA/NA / wk</li> <li>Regular meetings with sponsor</li> <li>PFI Compliance</li> <li>Present Relapse Prevention Plan and post-program plan to Court one week prior to graduation</li> </ul>	<ul style="list-style-type: none"> <li>Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>Therapy time included therapist's record keeping and reporting time</li> </ul>
Family Therapy	<ul style="list-style-type: none"> <li>Attend 1-3 one hour family therapy sessions</li> </ul>	<ul style="list-style-type: none"> <li>Schedule, Attend and participate in all required sessions</li> <li>Discharge summary &amp; family assessment</li> </ul>	<ul style="list-style-type: none"> <li>Four hrs / wk court staffing, court, &amp; therapeutic staffing by therapist</li> <li>Therapy time included therapist's record keeping and reporting time</li> </ul>
Probation		<ul style="list-style-type: none"> <li>Maintain 90 Day Medal</li> <li>Maintain grades of C or better</li> <li>Continue to engage in pro-social activities</li> <li>Maintain employment, extracurricular activity</li> <li>No probation violations</li> <li>No law violations</li> <li>Compliance with Probation Terms &amp; Conditions</li> <li>Monthly Court Attendance</li> <li>Monthly Probation Contact</li> </ul>	
<p>*Participants will present to the Court a summary/review of phase accomplishments at time of phase change.</p>			